

SEWING POCKET NAPPY ELASTIC IN A CASING

1. Stretch a piece of elastic a couple of times. Stretch it from one end of the pocket casing flap to the other to decide on the length that you require. Make sure that you allow for a bit of excess elastic for securing to the fabric. I would suggest that you measure the amount of elastic that you have decided to work with to make it easier to slightly increase or decrease the amount next time.
2. Secure the elastic to the wrong side of the fabric with a pin. Place it below the flap, and slightly to the left. Once you are happy with the positioning, sew the elastic onto the fabric. Repeat with the other side—secure the elastic below the flap, slightly to the right.



3. Fold the flap over the elastic. Sew down the left side (you will be sewing over the nappy piece, elastic end and flap), raise the foot and turn the fabric 90°. Lower the foot and sew down the length of the flap, ensuring that you are sewing under the elastic (you don't want the elastic caught in the stitches). As you sew give the elastic a bit of a tug to check that it isn't being sewn into the casing and allow the fabric to gather behind the foot. Once you reach the end, raise the foot, turn 90° and lower the foot to sew up over the elastic (and flap and nappy body). Casing is complete!

